

Supplementary Material

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 Table i. Search algorithms for each search.

Variable	Database			
	PubMed	Scopus		
Fractures				
Acetabulum fractures	(((fracture*[Title] OR injur*[Title])) AND acetabu*[title] AND	((fractur* or injur*) AND acetabu* AND (incidence		
	(incidence[Title] OR prevalence[Title] OR epidemiolog*[Title]))	OR prevalence OR epidemiolog*))		
Ankle fractures	(fracture*[Title] AND ankle[title] AND (incidence[Title] OR	(fracture* AND ankle AND (incidence OR		
	prevalence[Title] OR epidemiology[Title]))	prevalence OR epidemiology))		
Calcaneus fractures	((fracture*[Title] OR injur*[title]) AND (calcane*[title] OR	((fracture* OR injur*) AND (calcane* OR heel) AND		
	heel[title]) AND (incidence[Title] OR prevalence[Title] OR	(incidence OR prevalence OR epidemiolog*))		
	epidemiolog*[Title]))			
Carpal fractures	((fracture*[Title] OR injur*[title]) AND (carp*[title]) AND	((fracture* OR injur*) AND carp* AND (incidence		
	(incidence[Title] OR prevalence[Title] OR epidemiolog*[Title]))	OR prevalence OR epidemiolog*))		
Clavicle fractures	((((fracture*[Title] OR injur*[Title])) AND clavic*[Title]) AND	((fracture* OR injur*) AND		
	(incidence[Title] OR prevalence[Title] OR epidemiolog*[title])))	clavic*) AND		

		(incidence OR prevalence OR epidemiolog*)		
Distal radius fractures	(((fracture*[Title] OR injur*[Title])) AND ((distal[title] AND	(((fracture* OR injur*)) AND ((distal AND (radius		
	(radius[Title] OR radial[title])) OR wrist[title]) AND (incidence[Title]	OR radial)) OR wrist) AND (incidence OR		
	OR prevalence[Title] OR epidemiolog*[Title]))	prevalence OR epidemiolog*))		
Femoral shaft fractures	(((fracture*[Title] OR injur*[Title])) AND (diaphysis[title] OR	((fracture* OR injur*) AND		
	diaphyseal[title] OR shaft[title]) AND (femur[Title] OR	(diaphysis OR diaphyseal OR shaft) AND		
	femoral[title])) AND (incidence[Title] OR prevalence[Title] OR	(femur OR femoral)) AND		
	epidemiolog*[Title]))	(incidence OR prevalence OR epidemiolog*)		
Distal femoral fractures	(((fracture*[Title] OR injur*[Title])) AND (distal[title] AND	((fracture* OR injur*) AND		
	(femur[Title] OR femoral[title])) AND (incidence[Title] OR	(distal AND (femur OR femoral))) AND		
	prevalence[Title] OR epidemiolog*[Title] OR trends[title]))	(incidence OR prevalence OR epidemiolog* OR		
		trends)		
Finger fractures	(((fracture*[Title] OR injur*[Title])) AND finger*[title] AND	((fracture* OR injur*) AND		
	(incidence[Title] OR prevalence[Title] OR epidemiolog*[Title]))	(finger* OR digit*)) AND		
		(incidence OR prevalence OR epidemiolog*)		
Foot fractures	(fracture*[Title] AND foot[title] AND (incidence[Title] OR	(fracture* AND foot AND (incidence OR		
	epidemiolog*[Title]))	epidemiolog*))		
Hip fractures	fracture*[Title] AND hip[Title] AND (incidence[Title] OR	fracture* AND hip AND (incidence OR		
	epidemiolog*[title])	epidemiolog*)		
Humerus fractures	(((fracture*[Title] OR injur*[Title])) AND (humerus[title] OR	(((fracture* OR injur*)) AND (humerus OR		
	humeral[title]) AND (incidence[Title] OR prevalence[Title] OR	humeral) AND (incidence OR prevalence OR		
	epidemiolog*[title]))	epidemiolog*))		
Lisfranc injuries	((fracture*[Title] OR injur*[title]) AND (lisfranc[title] OR	((fracture* OR injur*) AND (lisfranc OR midfoot)		
	midfoot[title]) AND (incidence[Title] OR prevalence[Title] OR	AND (incidence OR prevalence OR epidemiolog*))		
	epidemiolog*[Title]))			
Metacarpal fractures	((fracture*[Title] OR injur*[title]) AND (metacarp*[title]) AND	((fracture* OR injur*) AND (metacarp*) AND		
	(incidence[Title] OR prevalence[Title] OR epidemiolog*[Title]))	(incidence OR prevalence OR epidemiolog*))		
Metatarsal fractures	((fracture*[Title] OR injur*[title]) AND (metatars*[title] OR	((fracture* OR injur*) AND (metatars* OR midfoot)		
	midfoot[title]) AND (incidence[Title] OR prevalence[Title] OR	AND (incidence OR prevalence OR epidemiolog*))		
	epidemiolog*[Title]))			
Patellar fractures	((((fracture*[Title] OR injur*[Title])) AND (patella*[title] OR	((((fracture* OR injur*)) AND (patella* OR kneecap)		
	kneecap[title]) AND (incidence[Title] OR prevalence[Title] OR	AND (incidence OR prevalence OR epidemiolog*)))		
	epidemiolog*[Title])))			

Pelvic fractures	((((fracture*[Title] OR injur*[Title])) AND pelvic[Title]) AND	((((fracture* OR injur*)) AND pelvic) AND
	(incidence[Title] OR prevalence[Title] OR epidemiolog*[title]))	(incidence OR prevalence OR epidemiolog*))
Scaphoideum fractures	(((fracture*[Title] OR injur*[Title])) AND scaphoid[title] AND	((fracture* OR injur*) AND
	(incidence[Title] OR prevalence[Title] OR epidemiolog*[Title]))	scaphoid) AND
		(incidence OR prevalence OR epidemiolog*)
Scapula fractures	(fracture*[Title] OR injur*[Title]) AND (scapula*[title] OR	(fracture* OR injur*) AND (scapula* OR (shoulder
	(shoulder[title] AND (bone[title] OR blade[title]))) AND	AND (bone OR blade))) AND (incidence OR
	(incidence[Title] OR epidemiolog*[Title])	epidemiolog*)
Spine fractures	(fracture*[Title] OR injur*[Title]) AND spine*[title] AND	(fracture* OR injur*) AND spine* AND (incidence
	(incidence[Title] OR prevalence[Title] OR epidemiolog*[Title])	OR prevalence OR epidemiolog*)
Proximal tibia fractures	((((fracture*[Title] OR injur*[Title])) AND (tibia*[title] AND	((((fracture* OR injur*)) AND (tibia* AND (proximal
	(proximal[title] OR plateau)) AND (incidence[Title] OR	OR plateau)) AND (incidence OR prevalence OR
	prevalence[Title] OR epidemiolog*[Title])))	epidemiolog*)))
Tibia shaft fractures	((((fracture*[Title] OR injur*[Title])) AND (tibia*[title] AND	((fracture* OR injur*) AND
	(shaft[title] OR diaphy*[title])) AND (incidence[Title] OR	(tibia* AND (shaft OR diaphy*))) AND
	prevalence[Title] OR epidemiolog*[Title])))	(incidence OR prevalence OR epidemiolog*)
Toe fracture	(((fracture*[Title] OR injur*[Title])) AND toe*[title] AND	((fracture* OR injur*) AND toe*) AND (incidence
	(incidence[Title] OR prevalence[Title] OR epidemiolog*[Title]))	OR prevalence OR epidemiolog*)
Sprains and dislocations		
Ankle sprains	((injur*[Title] OR sprain*[TITLE]) AND ankle*[Title] AND	((injur* OR sprain*) AND ankle* AND (incidence OR
	(incidence[Title] OR epidemiolog*[title]))	epidemiolog*))
Elbow dislocations	dislocation*[TITLE] AND elbow*[title] AND (incidence[Title] OR	dislocation* AND elbow* AND (incidence OR
	prevalence[Title] OR epidemiolog*[title])	prevalence OR epidemiolog*)
Patellar dislocations	(dislocation*[TITLE] OR luxation*[TITLE]) AND (patell*[title] OR	(dislocation* OR luxation*) AND (patell* OR
	kneecap[title])AND (incidence[Title] OR prevalence[Title] OR	kneecap) AND (incidence OR prevalence OR
	epidemiolog*[title])	epidemiolog*)
Knee dislocations	dislocation*[TITLE] AND knee*[title] AND (incidence[Title] OR	dislocation* AND knee* AND (incidence OR
	prevalence[Title] OR epidemiolog*[title])	prevalence OR epidemiolog*)
Shoulder dislocations	(dislocation*[TITLE] OR luxation*[TITLE]) AND (should*[title] OR	(dislocation* OR luxation*) AND (should* OR
	glenohumer*[title]) AND (incidence[Title] OR prevalence[Title] OR	glenohumer*) AND (incidence OR prevalence OR
	epidemiolog*[title])	epidemiolog*)
Ligament and tendon injuri	ies	

Achilles ruptures	(injur*[Title] OR rupture*[TITLE] OR tear*[TITLE] OR avuls*[title]	(injur* OR rupture* OR tear* OR avuls* OR lesion*)		
	OR lesion*[title]) AND achille*[title] AND (incidence[Title] OR	ND achille* AND (incidence OR prevalence OR		
	prevalence[Title] OR epidemiolog*[title])	epidemiolog*)		
Anterior cruciate ligament	(injur*[Title] OR rupture*[TITLE] OR tear*[TITLE] OR avuls*[title]	(injur* OR rupture* OR tear* OR avuls* OR lesion*)		
(ACL) ruptures	OR lesion*[title]) AND ((anterior[title] AND cruciate[title] AND	AND ((anterior AND cruciate AND ligament) OR		
	ligament[title]) OR ACL[title]) AND (incidence[Title] OR	ACL) AND (incidence OR prevalence OR		
	prevalence[Title] OR epidemiolog*[title])	epidemiolog*)		
Distal biceps ruptures	((injur*[Title] OR rupture*[TITLE] OR tear[TITLE] OR avuls*[title]	((injur* OR rupture* OR tear OR avuls* OR		
	OR lesion*[title]) AND biceps*[Title] AND (incidence[Title] OR	lesion*) AND biceps* AND (incidence OR		
	epidemiolog*[title]))	epidemiolog*))		
Hamstring ruptures	((injur*[Title] OR rupture*[TITLE] OR tear[TITLE] OR avuls*[title]	((injur* OR rupture* OR tear OR avuls* OR lesion*)		
	OR lesion*[title]) AND hamstring*[Title] AND (incidence[Title] OR	AND hamstring* AND (incidence OR		
	epidemiolog*[title]))	epidemiolog*))		
Hand tendon ruptures	(fractur*[TITLE] OR injur*[TITLE] OR rupture*[TITLE] OR tear[TITLE]	(fractur* OR injur* OR rupture* OR tear OR		
	OR dislocation[TITLE] OR luxation[TITLE]) AND (tendon*[title] AND	dislocation OR luxation) AND (tendon* AND hand)		
	hand[title]) AND (incidence[Title] OR prevalence[Title] OR	AND (incidence OR prevalence OR epidemiolog*)		
	epidemiolog*[Title])			
Lateral collateral ligament	(fractur*[TITLE] OR injur*[TITLE] OR rupture*[TITLE] OR tear[TITLE]	(injur* OR rupture* OR tear* OR avuls* OR lesion*)		
	OR dislocation[TITLE] OR luxation[TITLE]) AND ((lateral[title] AND	AND ((lateral AND collateral AND ligament) OR LCL)		
	collateral[title] AND ligament[title]) OR LCL[title]) AND	AND (incidence OR prevalence OR epidemiolog*)		
	(incidence[Title] OR prevalence[Title] OR epidemiolog*[Title])			
Medial collateral ligament	(fractur*[TITLE] OR injur*[TITLE] OR rupture*[TITLE] OR tear[TITLE]	(injur* OR rupture* OR tear* OR avuls* OR lesion*)		
	OR dislocation[TITLE] OR luxation[TITLE]) AND ((medial[title] AND	AND ((medial AND collateral AND ligament) OR		
	collateral[title] AND ligament[title]) OR MCL[title]) AND	MCL) AND (incidence OR prevalence OR		
	(incidence[Title] OR prevalence[Title] OR epidemiolog*[Title])	epidemiolog*)		
Posterior cruciate ligament	(injur*[Title] OR rupture*[TITLE] OR tear*[TITLE] OR avuls*[title]	(injur* OR rupture* OR tear* OR avuls* OR lesion*)		
ruptures	OR lesion*[title]) AND ((posterio*[title] AND cruciat*[title] AND	AND ((posterio* AND cruciat* AND ligament*) OR		
	ligament*[title]) OR PCL[title]) AND (incidence[Title] OR	PCL) AND (incidence OR prevalence OR		
	prevalence[Title] OR epidemiolog*[title])	epidemiolog*)		
Ulnar collateral ligament	(fractur*[TITLE] OR injur*[TITLE] OR rupture*[TITLE] OR tear[TITLE]	(injur* OR rupture* OR tear* OR avuls* OR lesion*)		
	OR dislocation[TITLE] OR luxation[TITLE]) AND ((ulna*[title] AND	AND ((ulna* AND collateral AND ligament) OR UCL)		
	collateral[title] AND ligament[title]) OR UCL[title]) AND	AND (incidence OR prevalence OR epidemiolog*)		
	(incidence[Title] OR prevalence[Title] OR epidemiolog*[Title])			

Quadriceps rupture	((injur*[Title] OR rupture*[TITLE] OR tear[TITLE] OR avuls*[title]	((injur* OR rupture* OR tear OR avuls* OR lesion*)
	OR lesion*[title]) AND quadriceps*[Title] AND (incidence[Title] OR	AND quadriceps* AND (incidence OR
	epidemiolog*[title]))	epidemiolog*))

All searched were conducted between 8 June 2021 and 13 September 2021, except lateral collateral ligament (LCL), medial collateral ligament (MCL), ulnar collateral ligament (UCL) injuries, and metacarpal and carpal fractures which were added on 19 June 2022.

Fig a. PRISMA flow chart of study identification process of each review.

Fractures

Acetabulum fractures



Ankle fractures







Clavicle fractures











Foot fractures





























Sprains and dislocations

Ankle sprains











Ligament and tendon injuries

Achilles ruptures





















Injury	Number of studies	First year	Last year	Year difference	Beta*	95% CI
Acetabulum fracture	6	2003	2016	13	0.053	-0.054 to 0.160
Achilles rupture	12	1994	2013	19	0.066	0.038 to 0.095
Ankle fracture	9	1981	2016	35	-0.022	-0.052 to 0.008
Biceps rupture	4	1998	2016	18	0.062	-0.002 to 0.126
Calcaneus fracture	5	2000	2017	17	-0.04	-0.051 to -0.029
Clavicle fracture	8	1987	2015	28	-0.008	-0.071 to 0.056
Distal radius fracture	12	1981	2016	35	-0.015	-0.027 to -0.004
Femur (diaphysis) fracture	9	1983	2011	28	0.018	-0.002 to 0.037
Femur (distal) fracture	5	1984	2017	33	0.044	0.026 to 0.062
Hip fracture	10	2010	2019	9	-0.079	-0.190 to 0.032
Humerus (proximal) fracture	7	1983	2013	30	0.006	-0.026 to 0.038
Humerus (shaft) fracture	4	1999	2013	14	0.009	-0.012 to 0.029
Patellar fracture	5	2000	2017	17	0.033	-0.004 to 0.069
Pelvic fracture	10	1977	2016	39	0.01	-0.011 to 0.031
Scaphoideum fracture	9	1989	2016	27	0.018	-0.073 to 0.110
Scapula fracture	4	1995	2012	17	0.007	-0.054 to 0.068
Shoulder dislocation	5	1979	2015	36	0.035	0.010 to 0.060
Tibia (diaphysis) fracture	6	1983	2012	29	-0.045	-0.056 to -0.035

Table ii. The results of meta-regression analysis adjusted by the last year of data included in each study.

*Beta = regression coefficient.

CI, confidence interval.